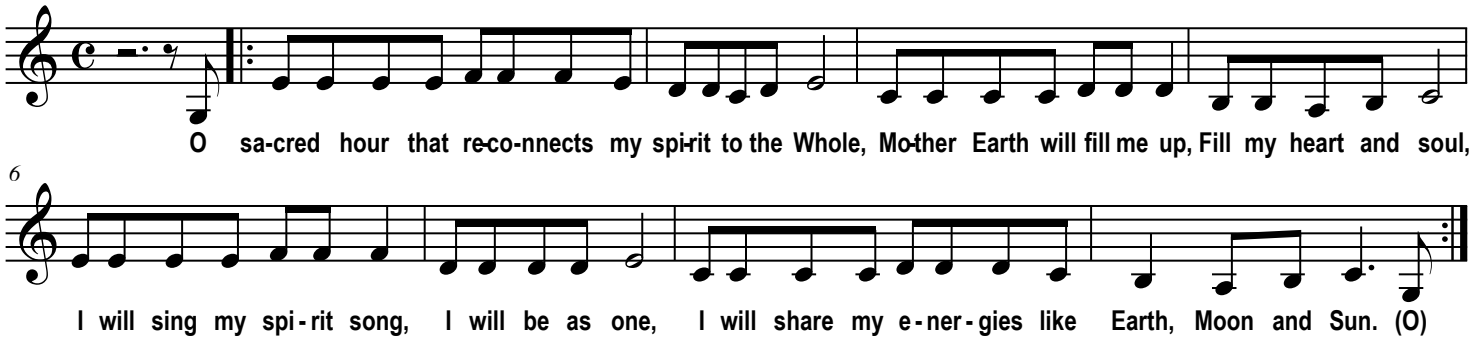O Sacred Hour